



## Welcome to Thriveworks!

We're honored that you've chosen Thriveworks to support your mental health needs. It's our utmost priority to ensure you have an excellent experience with Thriveworks, so we've compiled this packet of resources to provide a framework and path for success.

Please feel free to contact our team with any questions you may have.

**We look forward to serving you!**

EMAIL  
[enterprise@thriveworks.com](mailto:enterprise@thriveworks.com)

### Inside this digital kit, you will find:

#### Thriveworks flier for clients

This client-facing flier is a great overview of Thriveworks' services. It includes scheduling information and frequently asked questions.

#### Partner referral guide

Our partner referral guide can help you identify people who might benefit from care at Thriveworks. We've included talking points to help guide your conversation.

#### Insurance flier

This flier details the top insurance plans that most providers are in network with Nationwide. If you have a question about a more specific plan, please reach out to our team.



Welcome to Thriveworks,

From one mental health advocate to another, thank you so much for partnering with us. Together, we'll now be able to address the holistic needs of your people.

Thriveworks is on an important mission to expand access to high-quality mental health care, and partnering with organizations like yours is vital to doing so.

The reality is that mental health is still often overlooked and less understood. However, together, we can bring mental health problems (and risks) to the surface.

We're thrilled to be a part of this journey and watch these outcomes alongside you. Again, thank you for partnering with us – and for putting the same faith and trust in us that your people put in you.

Sincerely,

*Scott Gordon M.D.*

Scott Gordon, MD  
Chief Medical Officer, Thriveworks



## Get the highest-quality therapy & psychiatry at Thriveworks.

We make mental health care work better for everyone.

Over <b>2,300</b> Expert licensed clinicians	Over <b>340</b> Locations across the U.S.	Clinician-founded and led, delivering care for over <b>15 Years</b>
 Get help when and where you need it, in person or by video	 Meet with your provider within 7 days of scheduling	 Work with clinicians who are supported & empowered to succeed

**We help individuals, couples, and families live better with collaborative and comprehensive mental health care.**

#### Get help with:

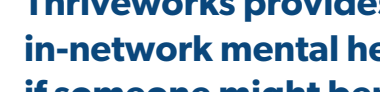
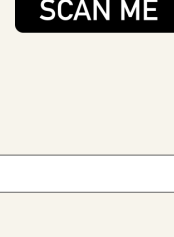
- Individual therapy
- Couples/marriage therapy
- Child/teen therapy
- Family therapy
- Psychiatry/medication management

#### Ways to book

**(855) 726-8765**

<https://thriveworks.com/partners/enterprise>

OR SCAN THE QR CODE →



### PARTNER REFERRAL GUIDE

**Thriveworks provides people with quick access to high-quality, in-network mental health care. Use this guide to help determine if someone might benefit from care at Thriveworks.**

**Thriveworks is a leading mental health provider of in person and virtual therapy and psychiatry, who helps people with:**

- Stress and anxiety
- Depression
- PTSD
- Relationship issues
- Anger management
- Grief and loss
- LGBTQ+ concerns
- Personal and professional goals
- Lack of fulfillment
- Low self-esteem
- And even more

#### Consider referring to Thriveworks if:

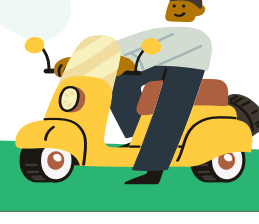
They are clearly in need of/searching for therapy or psychiatric medication. They have symptoms of a potential mental health problem or are at a greater risk of developing one due to a new (even minor) diagnosis, an ongoing chronic health condition, or a difficult loss – of a loved one, job or relationship.

#### PHYSICAL SIGNS:

- Sleep problems
- Weight or appetite changes
- Substance use
- Unexplained aches or pain
- Hair loss, skin issues, body changes

#### PSYCHOLOGICAL SIGNS:

- Stress
- Worry
- Unhappiness
- Guilt
- Worthlessness



### What medications does Thriveworks prescribe?

Our psychiatric nurse practitioners are able to prescribe psychiatric medications such as antidepressants, anti-anxiety medications, and other non-stimulant medications.

Our psychiatric nurse practitioners are unable to prescribe controlled substances, including but not limited to stimulant medications (such as Adderall, Concerta, Focalin, and Vyvanse), benzodiazepines (such as Xanax, Ativan, and Lorazepam), and hypnotics (such as Lunesta, Sonata, and Ambien).

Thriveworks clinicians do not currently treat substance use and are also therefore unable to prescribe any medications to treat substance use disorders (such as Methadone and Suboxone).

#### If you determine someone might benefit from treatment with a Thriveworks clinician, here are a few simple talking points.

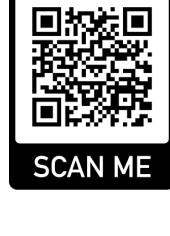
- ☀️ "Have you ever considered going to therapy or seeing if you're a good fit for mental health medication? These services can help you navigate difficult life events and manage common mental health problems, which affect your physical health, too."
- ☀️ "We partner with a mental health organization called Thriveworks, which can support you with your mental health challenges."
- ☀️ "Thriveworks can get you in for your first appointment within just 7 days and they accept most insurances, too, to make their services affordable."
- ☀️ "Our people really enjoy working with Thriveworks providers. If you'd like, I can refer you by passing along your information or you can contact them yourself."

#### Ways to book

**(855) 726-8765**

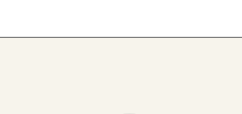
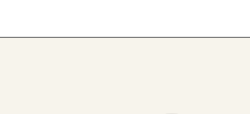
<https://thriveworks.com/partners/enterprise>

OR SCAN THE QR CODE →



## Thriveworks makes mental health care affordable.

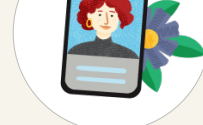
**We're in network with most major insurances, covering 1 in 2 Americans.**



We often see clients within 7 days vs. the industry standard of 7 weeks



We offer both in-person and online care at our offices and care via telehealth



We provide collaborative care – offering both talk therapy and medication management

#### Main services offered

Individual therapy | Couples therapy & marriage counseling  
Family therapy | Child & teen therapy | Psychiatry & medication management